



Michigan Indian Family Olympics Schedule

Registration Open: 7:30 - 11 a.m.

Lunch Served: 11 a.m. - 1:30 p.m.

Opening Ceremonies Schedule

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| • 8:50 a.m. Drummers in position & first call for participants to line up. | • 9:15 a.m. Prayer by SCIT Representative |
| • 8:55 a.m. Second call for participants to line up. | • 9:17 a.m. National Anthem (<i>Natalie Shattuck</i>) |
| • 9:00 a.m. Final call for participants to line up. | • 9:20 a.m. U.S. Olympian Avione Allgood |
| • 9:01 a.m. Ceremony Begins/Drum Welcome Song | • 9:25 a.m. Exit Track/Ceremony Concludes |
| • 9:10 a.m. Everyone in Circle/Drum Flag Song | • 9:26 a.m. First Calls to Events |
| | • 9:30 a.m. Events Begin |

Young Kids Event Order | 9:30 a.m.

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|-----------------------------------|---|
| 1) Baby Crawl | 3) 20 Meter Dash: <i>Ages 3-4</i> |
| 2) 10 Meter Dash: <i>Ages 1-2</i> | 4) Bean Bag Toss: <i>Ages 4 and under</i> |

Running/Walking Track Event Order | 9:30 a.m.

**Age groups are listed by the order they will be called to compete.*

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| 1) 400M Walk:
<i>Ages 65 and up, 55-64, 41-54</i> | 3) 400M Run: <i>Ages 13-15, 16-18, 19-24, 25-32, 33-40, 41-54, 55-64, 65 and up</i> |
| 2) Pre and Post Natal 400M Walk:
<i>(One year post natal.)</i> | 4) 1 Mile Run: <i>All age groups</i> |

Morning Field Events | 9:30 - 11 a.m.

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|--|---|
| • Archery: <i>Ages 16-18, 19-24</i> | • Softball Throw: <i>Ages 5-6, 7-9, 41-54</i> |
| • Long Jump: <i>Ages 19-24, 25-32, 33-40</i> | • 3-Point Basketball Shot: <i>Ages 10-12, 13-15</i> |
| • Jump Rope & Fitness Circuit: <i>Ages 5-6, 7-9</i> | • Lacrosse Speed Shot: <i>Ages 7-9, 10-12, 13-15</i> |

Morning Field Events | 11 a.m. - 12:30 p.m.

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|--|---|
| • Archery: <i>Ages 25-32, 33-40</i> | • Fitness Circuit: <i>Ages 10-12, 13-15</i> |
| • Long Jump: <i>Ages 41-54, 55-64, 65 and Up</i> | • Softball Throw: <i>Ages 10-12, 55-64, 65 and Up</i> |
| • 3-Point & Free Throw Basketball Shot
<i>Ages 16-18, 55-64, 65 and Up</i> | • Lacrosse Speed Shot: <i>Ages 16-18, 19-24, 25-32</i> |

**Traditional Lacrosse Teaching with
Joseph Ojibway | 12:30 p.m.**

Running/Walking Track Event Order | 1 p.m.

**Age groups are listed by the order they will be called to compete.*

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| 1) 50M Run
<i>Ages 5-6, 7-9, 10-12, 55-64, 65 and up</i> | 2) 100M Run: <i>Ages 13-15, 16-18, 19-24, 25-32, 33-40, 41-54</i> |
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Afternoon Field Events | 1 - 2:30 p.m.

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|--|---|
| • Softball Throw: <i>Ages 13-15, 16-18</i> | • Lacrosse Speed Shot: <i>Ages 33-40, 41-54, 55-64</i> |
| • 3 Point Basketball Shot: <i>Ages 19-24, 25-32</i> | • Long Jump: <i>Ages 13-15, 16-18</i> |

Afternoon Field Events | 1 - 3 p.m.

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|---|---|
| • Archery: <i>Ages 41-54, 55-64, 65 and Up</i> | • Adult Bean Bag Toss
<i>Ages 41-54, 55-64, 65 and Up</i> |
| • Obstacle Course: <i>Ages 5-6, 7-9, 10-12</i> | |

Afternoon Field Events | 2:30 - 4 p.m.

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| • Softball Throw: <i>Ages 19-24, 25-32, 33-40</i> | • 3-Point Basketball Shot
<i>Ages 33-40, 41-54</i> |
| • Long Jump: <i>Ages 5-6, 7-9, 10-12</i> | |

Tug-of-War | 4 p.m.

**Event will begin at the conclusion of other games at approximately 4 p.m.*

- *Ages 13 and under, 14-17, 18 and up. (12 individuals per team.)*

Conclusion of Events | Approximately 4:30 p.m.